

## ***Waxing FAQ***

### **Q: Does waxing hurt?**

**A:** It's certainly no massage, but it's not exactly torture either. Every person reacts differently to waxing, as we all have different sensitivity levels. Different areas of the body will hurt more than others on certain people. While I can't promise it won't hurt, I will do my best to make you comfortable and make the waxing as painless as possible.

### **Q: How can I make waxing less painful?**

**A:** To make waxing a little less painful, make sure to exfoliate 24 hours prior to your waxing appointment. This can be done easily with exfoliating gloves or a bath brush, which can both be found at any Wal-Mart or similar store in the cosmetics department.

Also, take a pain reliever with anti-inflammatory components 30 minutes prior to your appointment.

The more often you get waxed, the softer the hair will grow back in, making it less painful to remove. To allow for easier removal, try to schedule your waxes on a regular basis before the hair gets too long.

### **Q: How long does the hair have to be?**

**A:** It depends on the area being waxed. For body hair, it should be around 1/4" to 1/2" for best results. The longer the better, but anything longer than 1/2" may need to be trimmed, which may result in additional charges. For facial hair, it should be at least 1/8" long, approximately the length of a grain of rice.

### **Q: How long does it take the hair to grow back?**

**A:** This depends on the person, as well as the area being waxed. Typically, facial waxing can be done every two weeks. Body waxing, however, usually takes one to two months to grow to the length where it can be waxed again.

### **Q: Why is there still some stubble on my legs after being waxed?**

**A:** Our hair grows in three different stages, and unfortunately not every hair grows in the same stage at the same time. Therefore, on legs especially (due to the thicker hair growth), waxing can result in breakage of the hair, causing a bit of stubble. This is mostly seen on a first-time wax, but can be seen every time on some people.

If you experience breakage after a wax, you can either let it grow out to be waxed again in the future, or you can shave *once* after waxing to get a smooth surface, and grow it all out again from there. Shaving, however, may affect the hair growth and can cause ingrown hairs.

**Q: Will I be red after getting waxed?**

**A:** This depends on your skin's sensitivity. Some people will turn red for just a few minutes after waxing, while some people are red for a couple hours. On larger areas such as arms, legs, back, etc. you may see red spots or bumps. This is normal and is caused by the hair being pulled out by the root, and will go away within several hours.

**Q: Can I tan after being waxed?**

**A:** I am not an advocate of tanning because I have seen the effects it has on our skin. However, if you tan, you should avoid tanning for 24-48 hours after waxing due to new skin being exposed.

**Q: Is there anything special I should do to care for my skin after being waxed?**

**A:** Avoid direct sunlight to prevent burning, do not use hot water or any type of heat on the waxed area, and be sure to exfoliate and moisturize often to prevent ingrown hairs.

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